



PUNTA DEL ESTE OPEN

INTERNATIONAL CHAMPIONSHIP & TRAINING CAMP



E-mail: puntadelesteopen@gmail.com

Dear Master,

This is our letter to invite you and your team to be part of the first edition of **PUNTA DEL ESTE OPEN International Championship & Training Camp** to be done since 14th y el 18th of February 2018 in **Campus Municipal de Maldonado installations, Uruguay.**

This event will be unique and without precedent in our country and region, it will count with presence of very high level competitors which will have the chance to compete in two categories Kyorugi y Poomsae.

Between Wednesday 14th y Sunday 18th is going to be done a training camp having delimited space only for national teams, with pre-arranged categories, which will guarantee high level friendly combats in order to improve development in all sportswoman and sportsmen who will take part of it.

The main attractive of PUNTA DEL ESTE OPEN is the presence of the unique Olympic Champion in Argentina's Taekwondo History and first Olympic Champion arriving to our country, Master Sebastian Crismanich which will attract the interest of every neighbouring countries, he is going to give a seminar including different modalities, initiating with those who don't practise taekwondo (without cost to promote and spread this sport in our country) and elite competitors full dedicated to high level competition which is very necessary for our sportsman and sportswoman.

Taking advantage of this educational instance we have the pleasure to present some interesting topics in very important areas related to taekwondo, great professionals are going to share their knowledge and give conference in each area, a Master in Sport's Nutrition, a Master in High Level Training and a Doctor specialized Sports, deeply into Taekwondo injuries. All meeting will be in charge of the most prestigious referents in each area in our country and region.

Here you will find every detail related to this event, which looks forward to fulfill your expectations, trying to make this competition one of the most prestigious and highest levels in our country and our region.

We thank you in advance for your trust and compromise; don't hesitate to contact us to help you with all your questions.

Best regards,

Master Nelson Isaurralde

Cel. 095 - 965 - 392

President of Asociación de Taekwondo Yihedo (ATY)

Member of Federacion Uruguaya de Taekwondo



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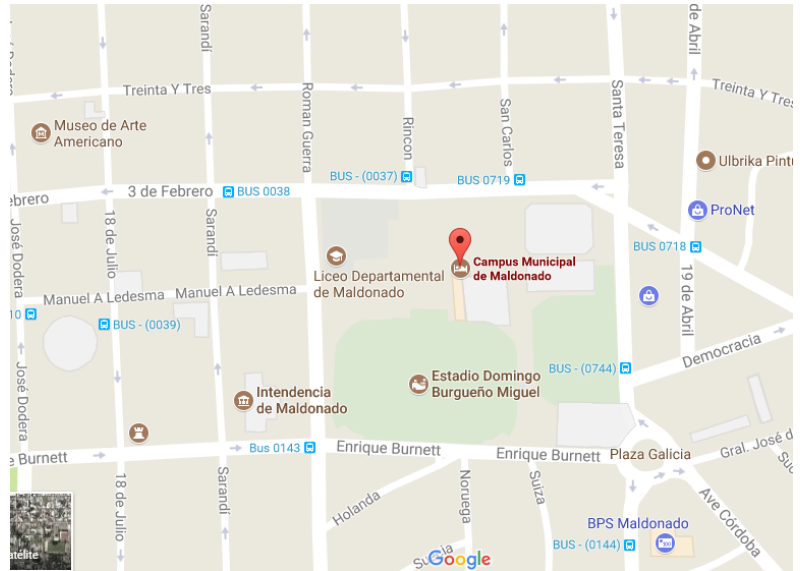
E-mail: puntadelesteopen@gmail.com

Place and date:

**Campus Municipal de Maldonado,
Punta del Este (URUGUAY)**

From 13 to 18 of February 2018

3 de Febrero Street and Rincon Street



Organization: Asociación De Taekwondo Yihedo (ATY)

Contact: WhatsApp number: (+598) 95 965 392

Facebook: Punta Del Este Open International Championship & Camp

E-mail: puntadelesteopen@gmail.com

Information and Inscription registration: puntadelesteopen@gmail.com



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CONDITIONS OF PARTICIPATION AND COMPETITION

Kyorugui

Competition will be regulated by World Taekwondo (WT) Competition Rules, WT categories will be used and also Olympic just in case depending on the number of inscriptions, Daedo PSS system will used, thanks to the cooperation of Federación Uruguaya de Taekwondo (FUT) from Junior (since 11 years) all colors to Dan categories.

Poomsae:

Latest WT competition rules and regulations will be applied to this event

Category from WHITE to ADVANCED YELLOW must compete with Poomsae 1 to 3 (quarter's final/semifinal and final)

Category from GREEN TO BLUE must compete with Poomsae 4 to 6 (quarter's final/semifinal and final)

Category from ADVANCED BLUE to ADVANCED RED must compete with Poomsae 7, 8 and Koryo (quarter's final/semifinal and final)

Category DANES from 1 a 3 Dan must compete with POOMSAE Koryo – Keumgang and Taebaek (Quarter's final/semifinal and final)

INTERNATIONAL CAMP

Will be organize 2 or 3 competition days, in order to improve the athlete's development where technical, technical-tactical and combat elements will be directed by different trainers during journeys of friendly training. Training will be basically to generate several combat situations to try out different alternatives to solve those situations; also there will be arranged combats to let trainers to improve different elements and their own strategies to let every team have a great sport experience sharing knowledge with different athletes.

Seminar and Talks: Kiorugui Practical Seminar presented by Masters Sebastián Crismanich and Mauro Crismanich will be separated in four different moments depending on age and technical development of practicants.

The sports clinic will be held on February 16 and will be a free day for those who do not practice Taekwondo, that day each group will be divided as follows:

- Non-Practitioners

Sports Clinic will be held on the 16nd of February and will be a free day for those who do not practice Taekwondo, that day each group will be divided as follows.

- Non Practitioners

- Kids (from 7 to 9 years) all levels

- Kids (from 10 to 13 years) all levels

- Young boys and girls and adults from 14 years and more initial and medium level

- Cadets, junior and adults member of pre selection and member of national team



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Seminar includes several talks. Nutrition guided by a Magister in Sport Nutrition, Injuries Prevention and treatment in taekwondo guided by a Specialized Doctor in Sports Medicine, High Level Training guided by Specialist in Sport training with emphasis in Taekwondo.

CATEGORYS: For all modality competition's categories are:

Under 10 years

From 10 to 11 years

Cadets – between 12 and 14 years

Junior – between 14 and 17 years

Adults – older than 17 years.

Para Taekwondo: Incriptions will be received from all people interested and depending on that and the different abilities categories division will be done.

INSCRIPTIONS AND PAYMENT :

All inscriptions must be done only through the official email puntadelesteopen@gmail.com

Local Teams should do the payment to Brou account number CA 191 039 88 10 and must send the receipt add to the inscription list.

International Team should do the payment during accreditation, the day before Weigh In.

Closing of registration

For training camp inscriptions will finish Friday 9th of February.

For Kups and Dan competition inscriptions close on 14st of February.

For Seminar and Talks inscriptions close on 14st of February.

AFTER WEDNESDAY 14ST OF FEBRUARY 12:00 PM ANY INSCRIPTION WILL BE ACCEPTED, THERE WONT BE ANY KIND OF EXCEPTION

Inscription Costs:

Competition: One modality (Kyorugui or Poomsae) cost USD 40 and both modalities USD 10 additional

Training Camp: Is going to be separated by categories Kids (10 to 12 years) and cadets – Junior and adults and National Teams will have an additional turn in order to do pre-arranged combats.

Athletes interested on taking both journeys of training (2 training turns each) should pay USD 50. Members of *National Team camp will be for free.

- ***National Team (official team from a country)**

Seminar and Talks: Sebastian Crismanich and Mauro Crismanich's full seminar costs UYU 1500 (or USD 50) and includes 3 talks related to Taekwondo (nutrition, training, and prevention & treatment of injuries)

AWARDS

Individual: 1st Place: Gold Medal, 2nd Place: Silver Medal, 3rd Place: Bronze Medal in all modalities.



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All participants category (under 10 years) will receive award in all modalities.

Best Male and Female competitor will be specially awarded.

Team Awards:

Award to *Local Team* with most quantity of competitors

Award to *International Team* with most quantity of competitors

Award to First, Second and Third Place by Teams. **Counting all points made during competition** in any modality they compete under the follow organization criteria:

In any modality of competition

1st place 5 points

2nd place 3 points

3rd place 1 points

Every competitor Kids less than 10 years 0.5 points

ACCOMMODATION: Help needed to find places or anything about accomodation contact: Mr José Luis Acosta al (+598) 99 141 327.

Organization is looking for free places to receive International National Teams without cost in case they need accommodation.

REFEREES: Organization has support of national and International referees which will receive accommodation, food and payment for their function along the event.

TENTATIVE SCHEDULE

FECHA	HORA	EVENTO	LUGAR
Tuesday 13 th of February 2018	All Day	ARRIVING INTERNATIONAL TEAMS	Campus Municipal de Maldonado
	Until 7:00 PM		
	5:00 pm - 7:00 pm	Registration	
Wednesday 14 st of February 2018	Moorning & Afternoon	Training Camp	Place to be Confirmed
Thursday 15 nd of February 2018	Moorning & Afternoon	Training Camp Social Project for taekwondo By Sebastian Crismanich	Campus Municipal de Maldonado
Friday 16 rd of February 2018	Moorning & Afternoon	Training Camp Weigh In Kups	Campus Municipal de Maldonado
		Registration	
Saturday 17 th of February 2018	Moorning & Afternoon	Weigh In Dan Categories Championship Kups	Campus Municipal de Maldonado
Sunday 18 th of February 2018	Moorning & Afternoon	Championship Dan Categories	Campus Municipal de Maldonado



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